

High & Middle School Menu

Aug 8-9, 2019

Daily Breakfast Entrées Include:
Fruit Parfaits, WG Cereal, WG Donuts, or Daily Pastry.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			Biscuit and Gravy Cheese Stick Apple Slices Bananas Fruit Juice	Breakfast Pizza Apples Applesauce Fruit Juice

How to Build a Breakfast Meal
 1 - Entrée Choice
 2 - Fruit (1 can be Fruit Juice)
 1 - 8oz Low-Fat or Fat Free Milk



How to Build a Lunch Meal
 1 - Entrée (bread & protein)
 1 to 2 Fruit Choice
 1 to 2 Vegetable Choice
 1 - 8oz Low-Fat or Fat Free Milk

Delphi Classic

Daily High Only Expo Items
Build Your Own Entree

Grab 'n Go

Monday	No School	No School	No School
Tuesday	No School	No School	No School
Wednesday	No School	No School	No School
Thursday	<p align="center">Chicken Tacos Lettuce, Tomatoes, Refried Beans Peaches, and Pears</p>	<p align="center">Build Your Own Wrap Your Choice of Meat, Lettuce, Tomatoes, Cheese, Ranch & Salsa</p>	<p align="center">🥗 Nachos or Chicken Sandwich Chef Salad 🥗 Veggie Salad 🥪 PBJ Uncrustable</p>
Friday	<p align="center">Pizza 🥗 Vegetarian Pizza Options Fresh Veggies and Romaine Salad Mixed Fruit</p> <p align="center"><i>All meal include milk</i></p>	<p align="center">Weekly Expo Items Only Build Your Own Sub or Salad</p> <p align="center"><i>All meal include milk</i> <i>All Expo Items can be built for</i> 🥗 <i>Vegetarian</i></p>	<p align="center">Pizza Chef Salad 🥗 Veggie Salad 🥪 PBJ Uncrustable</p> <p align="center"><i>All meal include milk</i></p>

Daily Grab 'n Go side item: Celery, Humus, Super side, Side Salads, Apple Slices, Applesauce and/or Banana

Weekly Expo Items

All meal include milk

Build Your Own Turkey or Ham Subs with
Lettuce, Pickles, Tomatoes, Pepper Jack or American Cheese

Build Your Own Salad with
Diced Turkey, Diced Ham, Eggs, Cucumbers, Broccoli, Carrots,
Tomatoes, & Cheese. Served with WG Roll

Feature Station - High School Only

Welcome Back

**Menu Subject to Change. Also look for our 🥗 Vegetarian Options*

This is an equal opportunity employers